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**Whitemoor Academy**

**PE Curriculum Map**

A wide range of PE is delivered to the pupils at Whitemoor Academy, with the aim to engage and inspire all pupils. Lessons are taught by our teachers and qualified teaching assistants, as well as external providers for blocks and one off sessions.

These lessons follow the Arena Schemes of work planning.

PE overview EYFS

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| EYFS | Body management*Travelling on different parts of the body; introduction to different apparatus;**Focus on moving, control and co-ordination* | Body management*Balance on different parts of the body; travel under, over and through apparatus,**Negotiate space* | Dance*Action rhymes and rhythms, dance a nursery rhyme/story* | Dance*Agility and co-ordination, Dance to known songs,**make up a dance to a known song.* | Games*Running, jumping, Rolling activities, aiming activities, sending and receiving* | Games*Rolling activities, aiming activities, sending and receiving, throwing* |

PE overview Year 1 and 2 (Rolling programme)

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **A** | KS1 Games  | Dance  | Gymnastics Swimming  | OAA (Orienteering) Swimming | Athletics  | Striking and Fielding  |
| **B** | Net and Wall Games | Gymnastics  | Dance Swimming | KS1 GamesSwimming | OAA (Orienteering) | Striking and Fielding  |

PE overview Year 3 and 4 (Rolling programme)

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| --- | --- | --- | --- | --- | --- | --- |
|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **A** | Tag Rugby | Hockey | Gymnastics  | Dance | Athletics Swimming | OAA (Orienteering)Swimming |
| **B** | Hockey | Dance | Gymnastics  | Football | OAA (Orienteering)Swimming | Basketball Swimming |

PE overview Year 5 and 6 (Rolling programme)

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| --- | --- | --- | --- | --- | --- | --- |
|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **A** | Tennis | Hockey | Gymnastics | Athletics | OAA (Orienteering)Swimming  | Striking and fieldingSwimming |
| **B** | Netball  | Gymnastics | Dance  | Football | AthleticsSwimming | OAA (Orienteering)Swimming |